

GUTHRIE-SMITH TUTIRA LTD

HEALTH INFORMATION FORM:

This form is to be completed by all attendees (children and adults) taking part in courses operated at the Education Centre. It is needed to assist in planning health and safety matters for individuals and the group. Information provided will be kept confidential to GSEC personnel.

One form for each participant

Name: _____ Male/Female (circle)

Address: _____ Date of birth: _____

Home phone: _____

Mobile: _____

Emergency Contact Person: _____

Phone: _____

Please advise details if you have any medical condition of which GSEC personnel should be aware:

Please advise details of any medication you require:

Are you able to swim?

Yes/No

Details: _____

Do you suffer from:

- Asthma? Yes / No (circle one)
- Diabetes? Yes / No
- Epilepsy? Yes / No
- A heart condition? Yes / No
- Back problems? Yes / No
- An allergy Yes / No

Add any details or comments: _____

Have you completed a full programme of tetanus shots? Yes / No

Please provide any additional information that might assist us in providing for your health and safety while you are at the Education Centre:

GUTHRIE-SMITH TUTIRA LTD

Risk Disclosure and Acknowledgement:

I am aware that there is an inherent level of risk involved in outdoor activities at GSEC.

I understand that an unpredictable or uncontrollable event may occur that could possibly cause me serious harm.

I acknowledge that GSEC will take all reasonable and practicable steps to keep me safe while I am involved in activities. However, I accept full responsibility for my actions or inactions.

Signed _____ (Parent or guardian if under 18)

Dietary Form

Years 5 and 6



HEREWORTH
DESIGNED FOR BOYS

The Guthrie Smith Centre is a self-catering camp. Hereworth will be planning and organising all the meals for these camps. Please let us know any *medical requirements* for your son's diet e.g (gluten free).

Does your son have any special dietary requirements? (If yes, please comment)

SIGNED: _____

DATE: _____

(N.B. as you are under 16 years old your parent or guardian is signing on your behalf – parents, please ensure your son reads and understands all of the above)